

FAIRFAX COUNTY PARK AUTHORITY

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12055 Government Center Parkway, Suite 927 Fairfax. VA 22035-1118

For Immediate Release

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Park Authority Programs Highlight Virginia 2007 Effort

In concert with other jurisdictions, agencies and organizations throughout the Commonwealth, the Fairfax County Park Authority is offering numerous programs and events that will help Virginians explore the past and celebrate the 400th anniversary of Jamestown, Virginia.

The celebration commemorates the country's first permanent English settlement in 1607 and allows park visitors to examine the past through a variety of means. Programs explore the lives and the culture of these early Americans and allow visitors to walk in the footprints of the past.

In March you can begin the journey by taking a look at the foods early settlers ate. Attend *Before You Can Cook: Acquiring Foodstuffs and Kitchenware in Early America* scheduled on March 24, 2006 from 9am-3:30pm at George Mason University in Fairfax. The program explores the great variety of foods available in early American homes and the many different methods of acquiring them. Presentations examine kitchen utensils and cooking technology, heritage and wild plants and animals, their processing, and purchased provisions.

For information call 703-631-1429. Prepaid reservations are required by March 15, 2006. The cost per person in \$65 and the fee includes all sessions, parking and lunch.

In April two other programs take a look back. *American Indians: Food and Medicine from Native Plants* will be held on April 3, 2006 for children ages six and seven and again on April 17th for youngsters ages 8 to 11 at 2:30-3:30pm at Ellanor C. Lawrence Park. Make and sample teas from native herbs and find roots and leaves in the woods for treating minor illnesses. Reservations are required and the cost is \$3 per person.

The park may be reached by taking Beltway Exit 49 for Route 66 west. Follow Route 66 for eleven miles to Exit 53B which is Route 28 north (Sully Road). From Route 28, make an immediate right onto Walney Road. For more information and reservations call 703-631-0013.

A vast array of programs linked to our history will be held throughout the year. For information about these programs visit us online at http://www.fairfaxcounty.gov/parks/jamestown2007/.

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